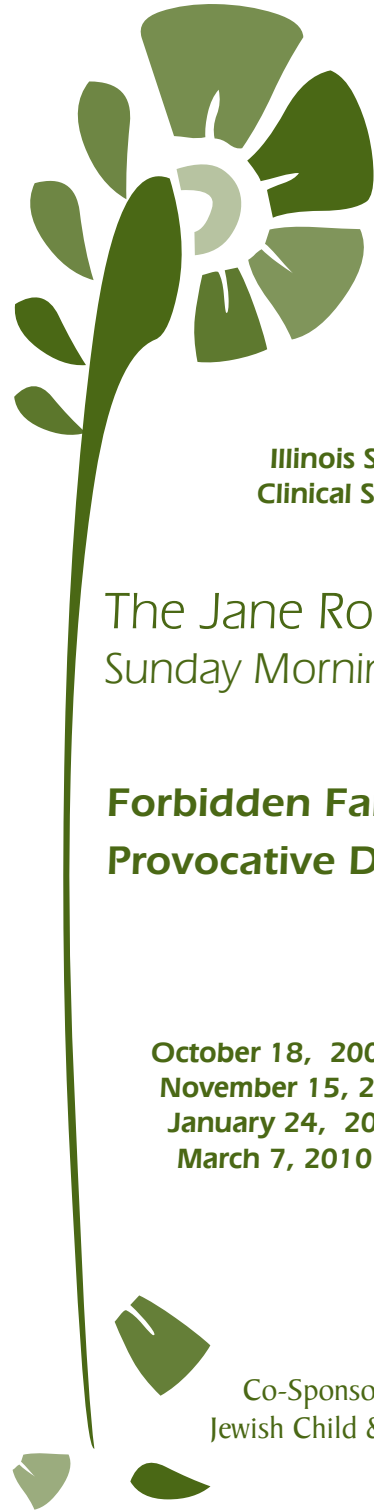


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Illinois Society for
Clinical Social Work

The Jane Roiter
Sunday Morning Seminars

Forbidden Fantasies and Provocative Dialogues

October 18, 2009
November 15, 2009
January 24, 2010
March 7, 2010

Co-Sponsored with
Jewish Child & Family Services



Forbidden Fantasies and Provocative Dialogues

Topics and Discussants

October 18, 2009
Anna Lieblich, LCSW, LMFT
Sexual Feelings in Therapy

November 15, 2009
Frank Summers, Ph.D., ABPP
**The Therapeutic Action of Psychoanalytic
Therapy: A Contemporary View**

January 24, 2010
Elizabeth Perl, Ph.D.
**A Counter-Intuitive Approach to Resistance:
Building Therapeutic Attachment While
Supporting Healthy Autonomy**

March 7, 2010
Irwin Z. Hoffman Ph.D., Margaret Grau, LCSW
& Ruth Sterlin, LCSW
**Dialectical Constructivism in Clinical
Practice: A Case Conference with Irwin Z.
Hoffman**



Illinois Society for Clinical Social Work is a professional organization that acts as an authority and resource by providing expertise and establishing standards for the practice of clinical social work. We promote the professional development of our members through research, political action, advocacy, education and affiliation.



Jewish Child & Family Services offers innovative therapeutic, educational and preventive social services for children, teens, adults and families in the Chicago Metro area. We serve nearly 4,000 people annually in programs such as counseling, day care, foster care, adoption services, early intervention services, and end of life support services. JCFS has provided non-sectarian services to the community for over 150 years.

Seminar Time and Location

- Seminars meet from 9:30 a.m. - 12:30 p.m. Registration begins at 9:00 a.m.
- Come early and enjoy our Continental breakfast including fruit and home baked coffee cakes and breads
- CEUs - 3.0 per seminar
- For more information call (312) 346-6991

Seminars held at:

Center for Practice Excellence
Jewish Child & Family Services
255 Revere Drive, Suite 200
Northbrook, Illinois 60062
(847) 412-4350

Directions from Downtown:

- Kennedy Expressway (I-90) West
- Merge onto Edens Expressway (I-94) West
- After Dundee Road, merge with two left lanes onto Highway 41
- Exit Lake Cook Road - Left at top of ramp
- Cross Skokie Boulevard; go under viaduct
- Revere Drive left

Directions from Western Suburbs:

- Tri-state Tollway (I-294) North
- Exit Lake Cook Road East
- Proceed 5 miles; pass Northbrook Court Mall
- Revere Drive right

Ample free parking; enter building across from the playground.

Illinois Society for Clinical Social Work
P.O. Box 2929
Chicago, IL 60690-2929



A conference in partnership with
Jewish Child & Family Services

October 18, 2009

Sexual Feelings in Therapy

Therapist sexual attraction to clients, and clients to therapists, is common, but rarely talked about. The prohibition against acting on sexual feelings has become a prohibition against the feelings themselves, leaving therapists anxious and unsure when they or their clients have these feelings. Unaddressed sexual feelings can distort or end therapy, so we need ways to recognize, manage, and integrate sexual feelings into therapy in a meaningful way. This seminar will examine what therapists are typically taught to do, and why these approaches are inadequate; reasons that therapists and clients experience sexual attraction; methods for addressing these feelings in therapy; and the controversial topic of therapist self-disclosure.

Anna Lieblich, LCSW, LMFT, is a Clinical Social Worker affiliated with the Family Institute at Northwestern University. She earned her Ph.D. in Comparative Social Behavior from University of Pennsylvania and a Master of Social Work from University of Illinois at Chicago. She is an Approved Supervisor of the American Association for Marriage and Family Therapy. Ms Lieblich is a group, and individual supervisor at The Family Institute and teaches about the therapist-client relationship in their masters program. She has had a private practice in Highland Park since 1982 and has taught and supervised at The Institute for Clinical Social Work. Her Special interests are couples therapy, the therapist-client relationship and the process of change.

November 15, 2009

The Therapeutic Action of Psychoanalytic Therapy: A Contemporary View

A concept of the therapeutic action of psychoanalytic therapy will be presented based on an extension of Winnicott’s object relational theory and its later formulations in the work of Bollas, Modell, and other neo-Winnicottians. This theory of therapeutic action is built on the notion that the analytic relationship includes both the transference relationship and potential space—in which the patient can form a new relationship, rather than a repetition of early childhood patterns as in the transference. This seminar will delineate how this potential space can be used to bring to fruition potential psychic capacities. The therapist and patient roles will be specified in order to clarify how the therapist helps establish potential space and then fosters the evolution of formerly dormant ways of being and relating. In this opening of the analytic space, the therapist must assume particular roles and functions that depart from the classical analytic posture. This shift may be subtle, but is a decisively different analytic stance and is crucial for structural change.

Frank Summers, Ph.D., ABPP, a psychoanalyst and clinical psychologist in Chicago, is a Supervising and Training analyst at The Chicago Institute for Psychoanalysis, Associate Professor of Psychiatry and the Behavioral Sciences at Northwestern University Medical School, and a faculty member of Centers and Institutes on Psychoanalysis in Chicago, Minnesota, Wisconsin and Tampa Bay. He has authored several books including *Self Creation: Psychoanalytic Therapy and the Art of the Possible* (TAP, 2005), as well as numerous papers and book reviews. A member of the editorial board of *Psychoanalytic Psychology*, Dr. Summers has lectured and conducted workshops throughout the country. He has received many prestigious teaching and education awards.

January 24, 2010

A Counter-Intuitive Approach to Resistance: Building Therapeutic Attachment while Supporting Healthy Autonomy

How can a clinician build a strong therapeutic relationship with an adolescent who seems unwilling to stop self-destructive behavior, such as risky sex or drug use? How might unresolved adolescent conflicts that can persist well beyond the teenage years undermine therapy with adults, becoming manifest in subtly self-defeating patterns? Adolescent girls and women in therapy—even those who genuinely desire change—often are particularly ambivalent and difficult to engage. Using examples of clinical interaction that recreate aspects of parent-adolescent struggle, I will consider the adaptive functions of opposition as an expression of independence and the counter-intuitive need to embrace patients’ resistance. Sharing my reactions to patients and inviting discussion of participants’ own clinical experiences, I will explore the therapist’s emotional struggle to deal with risky, regressive, or self-defeating behavior and rejection of therapeutic influence that can emerge with any patient—young or old, male or female—as we grapple with the universal conflict between attachment and autonomy.

Elizabeth Perl, Ph.D., is a board certified clinical psychologist and an Assistant Professor at Northwestern University’s Feinberg School of Medicine. She is the author of *Psychotherapy with Adolescent Girls and Young Women: Fostering Autonomy through Attachment* (Guilford Press). For the past 25 years, Dr. Perl has conducted psychotherapy in a range of settings including private practice, partial hospital, inpatient, university and hospital. This diverse population has included adolescents and adults with a wide variety of emotional, familial and relationship problems. She has spoken nationally, published articles and appeared on television and radio addressing concerns of therapists, graduate students, parents, and young women. She maintains a private practice in Chicago.

March 7, 2010

Dialectical Constructivism in Clinical Practice: A Case Conference with Irwin Z. Hoffman

Many therapists have been influenced by the work of Irwin Hoffman. His concepts about “dialectical thinking’ have the potential to transform the way we interact with and relate to our clients. Central to Dr. Hoffman’s approach is his suggestion that we should avoid dichotomous thinking and allow ourselves to consider how apparently opposite and contradictory aspects of our relationships with our clients might be interrelated and interpenetrating. From this perspective, he helps us to consider the opportunities and consequences of a broader range of possibilities for spontaneous participation with our clients. In this case conference Margaret Grau and Ruth Sterlin will present cases to Dr. Hoffman in order to help the participants understand how his sophisticated and challenging concepts can be applied in clinical work.

Irwin Z. Hoffman, Ph.D., a faculty member and supervising analyst at the Chicago Center for Psychoanalysis, is in private practice in psychoanalytic psychotherapy and psychoanalysis in Chicago. He is a lecturer in Psychiatry at the University of Illinois College of Medicine, and served on several editorial boards including the International Journal of Psychoanalysis. In his book *Ritual and Spontaneity in the Psychoanalytic Process: A Dialectical-Constructivist View* (1998), the central theme of “dialectical thinking,” emerged in which many apparent opposites (ritual and spontaneity, meaning and mortality, construction and discovery) are seen as complementary and interdependent. Since the publication of the book, Dr. Hoffman has challenged the way we think about free association, and the interplay of the analyst’s and the patient’s responsibility in the co-construction of meaning and of moral choices that bear upon the patient’s life—inside and outside of the analytic relationship.

Margaret Grau, LCSW, has been in private practice in Park Ridge for over 25 years. She was a school social worker for 10 years and was the social worker for her district’s gifted program for 6 years. Ms. Grau received her MSW from the University of Illinois at Chicago.

Ruth Sterlin, LCSW, maintains a private practice in Buffalo Grove, focusing on individuals, couples and families and specializing in relationships and attachment issues. Ms. Sterlin leads a social work consultation group. She recently retired from the Jewish Child & Family Service after many years of service. She is the President of the Illinois Society for Clinical Social Work and is the Editor of the ISCSW Newsletter. She received her MSW from the University of Illinois at Chicago.

**Registration Form
2009 – 2010
The Jane Roiter
Sunday Morning Seminars**

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Fees	ISCSW
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Full Series	\$140 \$120
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Registration/Payment

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Mar 7 _____ Full Series _____

Total Amount Enclosed _____

Fees include Continental breakfast including homemade coffee cakes and breads. Come early and enjoy!

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Chicago, Illinois 60690-2929
Phone: 312-346-6991

(Registration can be faxed to 708-995-5454 and payment will be accepted on the day of the seminar.)

Conference Planning Committee:

Karuna Bahadur, LCSW, Carol Crane, LCSW, Mary Ann Jung, LCSW (Co-Chair), Eric Ornstein, LCSW (Chair), Jane Pinsof, LCSW.